

# Telbolife CC 6.25 Tablet

**Brand Name:** Telbolife CC 6.25 Tablet

**Dosage Form:** Tablet

## **Composition:**

Each tablet contains:

- Telmisartan IP 40 mg
- Cilnidipine IP 10 mg
- Chlorthalidone IP 6.25 mg

## **Description:**

Telbolife CC 6.25 Tablet is a fixed-dose combination indicated for the management of hypertension. It helps in controlling elevated blood pressure by combining an angiotensin receptor blocker, a calcium channel blocker, and a thiazide-like diuretic, thereby providing additive antihypertensive effects.

## **Indications:**

Indicated for:

- Essential hypertension
- Patients requiring combination therapy for blood pressure control
- Cardiovascular risk reduction in hypertensive patients

It helps in lowering blood pressure, reducing cardiovascular strain, and promoting better vascular health.

## **Dosage & Administration:**

Dosage should be as prescribed by the physician.

Swallow the tablet whole with water.

Do not crush or chew.

## **Pharmacological Action:**

Telmisartan selectively blocks angiotensin II AT<sub>1</sub> receptors, reducing vasoconstriction and aldosterone-mediated sodium and water retention. Cilnidipine is a calcium channel blocker that inhibits L-type and N-type calcium channels, producing vasodilation and reducing sympathetic activity. Chlorthalidone is a thiazide-like diuretic that reduces plasma volume and peripheral resistance. The combination provides synergistic antihypertensive effects.

## **Side Effects:**

Generally well tolerated.

Occasionally, dizziness, headache, hypotension, fatigue, or mild gastrointestinal disturbances may occur. Rarely, electrolyte imbalance or hyperuricemia may be observed.

## **Precautions & Warnings:**

- Use with caution in patients with renal or hepatic impairment
- Monitor electrolytes and renal function periodically

- Avoid concomitant use with potassium-sparing diuretics or ACE inhibitors unless supervised
- Use under medical supervision in elderly patients

**Drug Interactions:**

Concomitant use with other antihypertensive agents, NSAIDs, or potassium supplements may require close monitoring. Use under strict medical supervision.

**Storage:**

Store below 25°C in a cool, dry place.

Protect from light and moisture.

Keep out of reach of children.

Manufactured in India for:



**Cafoli Lifecare Pvt. Ltd.**

**(An ISO 9001: 2015 Certified Co.)**

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Panchkula-134113

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